Dear Valued Customer - Welcome to our first newsletter of 2023!

HAPPY NEW YEAR!

The Great Awakening certainly is a roller-coaster ride, it is both an exciting and interesting time to be alive! In times of uncertainty and change, it can be very challenging remaining focused and positive. Whenever you become consumed in uncertainty, indecision, worry or insecurity, try focusing on what you can be sure of, and areas in life where you feel secure and feel love — even if this is just looking at a picture or colour that you love, or focusing on the certainty of your breathing. It is such a simple practice, but it can really help!

This month we have **3** great Special Offers for your New Year Detox – AND a new catalogue, plus news of an exciting training course!

NEW YEAR SPECIAL OFFERS – NEW YEAR DETOX

OFFER 1: THE "DETOX BOX" – NOW OVER 10% OFF!



This great Gift Hamper is an ideal gift featuring many items that are commonly used for Detox in small quantities so you can try them before committing to a larger quantity. All items are featured in Danielle's book Holistic Well-being: A New Paradigm Shift, so we are also offering this Hamper with or without the option of a Signed copy of her book! All presented in a sturdy eco hamper with seasonal ribbon!

Order yours before the end of January and receive **over 10% off! CLICK HERE!** Only £22.50 £20 (or £35.00 £30 with the book)

OFFER 2: DANIELLE'S GIFT TO YOU – EXTENDED:

As we would like to continue to share some positivity into the New Year, Danielle has extended her FREE BOOK offer until the end of January!

Therefore, we are sending a FREE COPY of her 'My Little Book of Inspiration' with EVERY ORDER OVER £50 (excl. P&P)!

This lovely little pocket-sized book contains Wisdom quotes, Positive

Affirmations and Inspirational Stories to help you to keep a positive outlook on health and life! No need to order this book, it will be sent automatically if your products total £50 (or more). More info on the book **HERE** - If you already have a copy, it would make an ideal New Year gift for a friend or loved one!

OFFER 3: MAGNESIUM FLAKES, CHANGE OF SOURCE PLUS 10% OFF:

A few months ago we switched from Dead Sea source Magnesium Chloride Flakes to Zechstein source



due to our supplier switching sources. The latter is often claimed to be slightly superior to Dead Sea origin, however we have never seen any scientific evidence that proves this and therefore we felt the difference in price was not warranted. We have sold Dead Sea origin since 2009 on our website and it has been a firm favourite of ours and many customers, it has also received a lot of 5* reviews on the Amazon listing and has been listed as an 'Amazon Recommends' product on many occasions.

However, since moving to the Zechstein source we have received numerous

requests for the original Dead Sea source and our Amazon sales have also dropped. We have also found

quality control issues and difficulty in tubbing the larger sized flakes.

We are now pleased to say that we have found another supplier, and have reverted back to our favourite, the ever-popular Dead Sea origin, with immediate effect!

Just for your information and reassurance, while we had both sources in stock, we muscle-tested to see if there was any energetic benefit to the different sources, and found that there was no difference at all. Link to the product is **HERE**, a link to our Magnesium article "The Magnesium Deficiency Epidemic" (also featured as a chapter in Danielle's book) in our Shop Blog is **HERE** and a video of Lloyd and Danielle discussing Magnesium and how to make magnesium oil for less than £1 is **HERE**

SPECIAL OFFER FOR JANUARY: 10% OFF ALL SIZES OF MAGNESIUM FLAKES!

SHOP NEWS

BACK IN STOCK:

The following products are back in stock (or at least due in very soon!):

Rose Water (true Hydrolat), Zell Oxygen Plus, Zell Immunokomplex & Zell Vitalkomplex, Neti Salt & Neti Sea Salt Shop > Holistic Ltd

NEW CATALOGUE:

We have just released a new catalogue.

If you are subscribed to receive a catalogue when they become available, your copy will be sent out within the next week. If you are not subscribed and would like a copy, please order your copy by phone on (029) 2085 2222, or through the website by clicking **HERE**!

There is an option to subscribe to receive a copy when each new edition becomes available on the product listing.



NUTRI ADVANCED PRODUCTS:

Nutri Advanced have increased their prices twice in the past 2 months! However, we have decided to match their discounted subscription price (which they offer for a regular automatic purchase of that product) meaning that it is now 10% CHEAPER TO BUY FROM US THAN GOING DIRECT and you won't have to sign up to any automatic regular purchase! It also means that despite some of the hefty price increases, many of our prices have actually REDUCED!! Have a look at our Nutri Advanced products by clicking **HERE!**

POST:

We are still experiencing problems with delivery services, but are working hard to sort this out. Many days we are left with uncollected courier parcels and delayed deliveries, and we have made a formal complaint. We sincerely hope this is not having too much of an impact on our service to you, but rest assured it is in hand.

CAERPHILLY FARMERS' & ARTISAN MARKET

Shop Holistic now has a regular stall at the local Farmers' & Artisan Market in Caerphilly, which is located inside and outside of the Twyn Community Centre opposite the castle!

Our next market is Jan 14th. In January and February, our stall will be inside the Community Centre (in the warm!)



The markets are run every 2nd & 4th Saturday of the month. Why not come along and see us, and take advantage of the special market prices and offers?!

OTHER NEWS

TRAINING IN GERMAN NEW MEDICINE (GNM) NOW AVAILABLE!

When browsing our website, you will see various references to the Biological Laws, GNM, German New Medicine or as it is sometimes called, Germanische Heilkunde (GHK). The Biological Laws are a heavily suppressed aspect of biology that, in a nutshell, proves with irrefutable science and research (by a German doctor called Dr Hamer), that disease is a purposeful survival 'program' that is triggered by a trauma that gives us a shock. This shock triggers biological changes in the body, the purpose of which enable us to cope with the trauma, and when the trauma has passed the body will reverse the biological changes, bringing it back to normal (ie. it is designed to heal itself). Introductory videos, articles and case studies can be found on Danielle's blog website: www.DanielleBryant.co.uk and we also have an introductory article in our Shop Blog HERE

John Holledauer was tasked to translate Dr Hamer's original lectures into English and has recently released a 4-year training program in GNM/GHK for anyone wanting to take this further. More details, along with many more free videos and information, can be found on the GHK Academy website here: www.ghk-academy.info

Thank you very much for supporting our small family business.

We would like to wish all of our customers an abundance of Peace, Health and Happiness throughout 2023.

With love & best wishes

Danielle, Lloyd and the Shop Holistic team!